

General Instructions

1. **DO NOT eat or drink anything after midnight before the procedure**
2. Stop taking Aspirin 4 days prior to procedure.
3. Stop taking Coumadin, Plavix, fish oil, Vitamin E, iron supplements, and any other blood thinners 4 days prior to procedure.
4. Take your blood pressure/thyroid medication as you normally do.
5. Do not take diabetes pills on the morning of the procedure, and only take half of your regular insulin dosage.
6. Allow 2 ½ - 3 hours for the procedure.
7. Please bring your insurance card, ID, and all your medications with you to the procedure center.
8. Dress comfortably.
9. Please bring a driver

Appointment Information

Arrive 30 minutes early

Date: _____

Time: _____

If you cannot keep your appointment, please call the office to reschedule.

Questions? (210) 405-3410

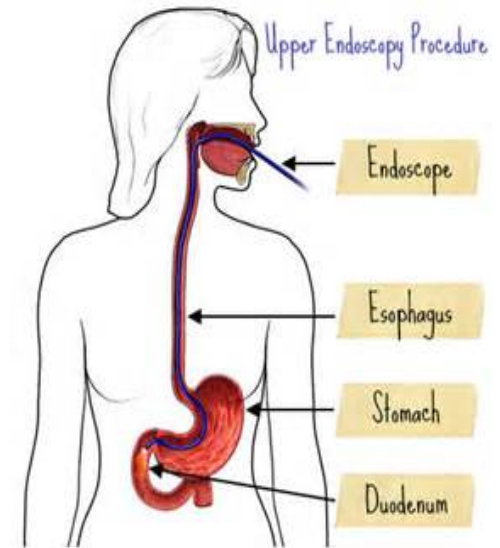
Procedure Locations:

- Theda Oaks Surgery Center
#103: 19226 Stone Hue, San Antonio, TX 78258
(210)268-0100
- Stone Oak Methodist Hospital (admitting): 1139 E. Sonterra Blvd, San Antonio, TX 78258
(210)638-2000
- North Central Baptist Hospital (admitting): 520 Madison Oak, San Antonio, TX 78258 (210)297-4000
- North East Baptist Hospital (admitting): 8811 Village Dr., San Antonio, Tx 78217
(210)297-2000

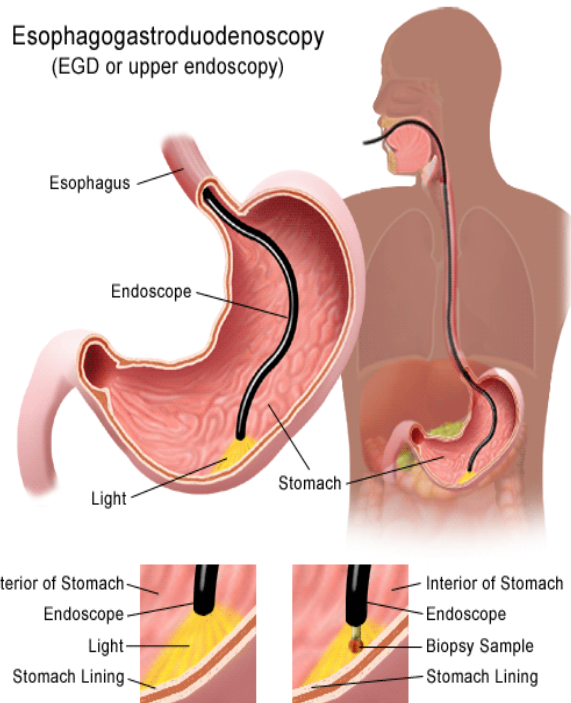
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Shavano
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78231



Esophagogastroduodenoscopy (EGD or upper endoscopy)



You have been scheduled for an upper endoscopy. You will be provided more information about this procedure, have your questions answered, and then be asked to provide your written consent to undergo the endoscopy.

Why am I having this test?

Your doctor has arranged this test for a look at your esophagus, stomach and duodenum to see if there are any abnormalities of the upper digestive tract.

What happens during the examination?

The doctor will use a small, lighted flexible tube thinner than most of the food you swallow to examine the lining of the upper digestive tract. We may numb your mouth and throat and use medications to sedate you. We do not obstruct breathing passages. We make a special effort to keep you comfortable. In fact, most patients don't even remember the procedure.

Are there any possible complications?

EGD is safe and is associated with a very low risk. Complications can occur but are rare.

Possible complications include:

- Hemorrhage (bleeding)
- Perforation (tearing) of the esophagus and stomach.
- Pneumonia, or an adverse reaction to the sedative(s)

You must tell the nurses at the procedure center of any allergies or peculiar reactions you have had to medications, particularly Novocain and medicines that dentists use for numbing teeth. Also, any reactions to sedatives and pain killers. In very rare circumstances death could result from a complication. It should be emphasized that complications are extremely **RARE**. This is a routine procedure and we are extremely careful.

After the procedure:

- Expect a mild sore throat lasting 1-2 days. You can use lozenges for relief
- Do not eat or drink for one hour (your throat will be numb, and we don't want anything to go down the wrong "pipe")
- Do not drive for 24 hours after the procedure.

